



H.E.L. Restaurant

Imagination & Fusion

Starters

	Kimchi veg	80 kr
	FERMENTED CHINESE CABBAGE, CHILI, GINGER,	
NEW	Mr Peanut veg	90 kr
	PEANUTS, ONION, CUCUMBER, CORIANDER, VINEGAR, SOY SAUCE, CHILI OIL	
NEW	Tofu	90 kr
	CRISPY TOFU, SCALLION, BONITO FLAKES	
	Spring Roll	120 kr
	BEEF, MUSHROOM, CARROT, WHEAT, DEEP FRIED	
	Phoenix	120 kr
	PRAWN, POTATO POWDER, CRISPY	
	Lobster Wonton	120 kr
	PORK & SHRIMP WONTON WITH LOBSTER TASTE SOUP	
	Fried Scallops	120 kr
	SCALLOPS, TROUT ROE	
	Pork Roll	90 kr
	PORK CHEEK, CHINESE CABBAGE AND MAYONNAISE	
	Beijing Soup A LITTLE SPICY	120 kr
	PORK, SHRIMP, EGG, TOFU, MUSHROOM, CHILI, VINEGAR, SCALLION	

Main Course



Duck

	Crispy	220 kr
	WITH SAUCE OF STAR ANISE, BAY LEAVES, CLOVES, CHINESE CINNAMON	
NEW	Hangover A LITTLE SPICY	230 kr
	BRAISED WITH BEER, GREEN & RED PEPPER, CHILI	
	ShaCha Gaga A LITTLE SPICY	230 kr
	WITH MUSHROOM AND SHACHA SAUCE	



Entrecôte & Oxfile

NEW	Burst	280 kr
	ENTRECOTE, LEEK, GINGER, SICHUAN PEPPER	
	Trigger SPICY	280 kr
	FILLET WITH SELECTED VEGETABLES AND CHILI SAUCE	
	Tipsy	280 kr
	FILLET, WITH SAUCE OF WINE AND GARLIC	
	Hot Iron	260 kr
	SILVERSIDE, SWEET SALTY, SERVED WITH HOT PLATE	

H.E.L. SET MENU 480kr

Three starters: Beijing Soup, Phoenix, Seaweed.

Main course: Crispy, Hot Iron, Flakes or Meatball (choose 1 from 4)

Dessert: Visible (Fig & Raspberry) or Invisible (Pear & Chocolate)

PLEASE TELL YOUR SERVERS IF YOU HAVE ANY FOOD ALLERGY

Kommendörsgatan 40, 114 58 Stockholm

www.helrestaurant.se 086636868

Main Course



Pork

- Scoop** HARBIN STYLE 210 kr
CRISPY FILLET, SWEET-SOUR, GINGER, CORIANDER
- Capital Ribs** FROM ZHEJIANG AREA 220 kr
RIBS WITH SAUCE OF BALANCE SWEET-SALTY
- Strips** SPICY 210 kr
PORK FILLET, WOOD EAR FUNGUS AND VEGETABLES
- Mapo Tofu** SPICY 220 kr
TOFU WITH MINCED PORK, CHILI, SICHUAN PEPPER
- NEW Meatball** 230 kr
CHINESE MEATBALL OF PORK, TOFU AND STICKY RICE



Chicken

- Nest** SPICY 200 kr
CHICKEN, VEGETABLES, CHILI SAUCE AND PEANUTS IN FRIED POTATO NEST
- Three Cups** 200 kr
CHICKEN AND SELECTED VEGETABLES, SAUCE OF SESAME OIL, SOY SAUCE AND WINE



Vegetarian

- Cyan** 190 kr
SHANGHAI BOK CHOY, STIR FRIED
- Tofu&Green** 190 kr
TOFU WITH MUSHROOM AND SELECTED VEGETABLES
- NEW Cauliflower** SPICY 190 kr
CAULIFLOWER, CHILI, SICHUAN PEPPER, GINGER, GARLIC, LEEK



Fish&Seafood

- Landscape** 260kr
GRILLED HALIBUT WITH PLUM SAUCE
- Lava** 230 kr
HADDOCK WITH RED SAUCE, SWEET SPICY
- NEW Flakes** SPICY 230 kr
ALASKA POLLOCK, BLACK BEAN SAUCE
- NEW Squid** 230 kr
CRISPY SQUID, POTATO POWDER, HOISIN SAUCE
- Ming** SHANGHAI STYLE 230 kr
PRAWN, SWEET, SALTY, A LITTLE CHILI SAUCE
- NEW Multi-Pepper** SPICY 230 kr
PRAWN, SICHUAN PEPPER, BLACK PEPPER, CHILI PEPPER, RED&GREEN PEPPER
- Seafood in Clay Pot** 230 kr
PRAWN, SQUID, FISH VEGETABLES AND GLASS NOODLE



Rice & Noodle

- Fried Rice** 190 kr
VEGETABLES/CHICKEN/BEEF/SHRIMP
- Fried Noodle** 190 kr
VEGETABLES/CHICKEN/BEEF/SHRIMP
- Pineapple Rice** 230 kr
Fried rice with pineapple and vegetables, served in pineapple (with shrimp if required)

Desserts



- Visible** (ALMOND AND OSMANTHUS MOUSSE, FIG SORBET, RASPBERRY) 150 kr
- Invisible** (PEAR MOUSSE, CHOCOLATE SORBET, POACHED PEAR, CHOCOLATE SAUCE) 150 kr
- Ice Cream & Sorbet** (CHOOSE 2: NUTS, CHOCOLATE, STRAWBERRY SORBET, COCONUT SORBET) 100 kr
- Pralines** (CHOOSE 3: ALMOND & HAZELNUTS, CHILI, CAPPUCCINO, PASSION FRUIT, LIQUORICE, MINT) 80 kr

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